

## Workers Compensation Resource for Employers



### Welcome,

Thank you for choosing Omaha National for your workers compensation needs. We take pride in the clients we support and will do everything we can to exceed your expectations.

This resource provides you with important information about the workers compensation laws in your state. It also provides guidance on reporting workplace injuries.

When a workplace injury occurs, it is important that you tell us right away. The sooner we know about it, the better we can manage the claim, including arranging for prompt medical care. The best way to let us know about an injury is to **call us anytime at 844-761-8400**.

Additional copies of all these documents can be printed from our website at omahanational.com.



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All documents are also available on our website at omahanational.com

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## Non-Compliance Notice

Please note, the use of many of the documents within this packet is required. Additional fines and enforcement actions may result from non-compliance with lowa law regarding these notices.

If you have any questions regarding your responsibilities, please contact Omaha National at 844-761-8400.





## POSTERS

Please post the following notice at all business locations in a common area that is visible to and frequented by employees during the workday. Examples of appropriate posting locations include a breakroom bulletin board or a wall next to a time clock.

#### Fraud Prevention Poster:

Use this poster to reinforce the message to employees that workers compensation fraud is a serious crime and to let employees know how they can report fraud.

# Fake an Injury And You Can Sit Around All Day



The Workers Compensation system was created to protect injured workers. Misrepresenting an injury to collect benefits is illegal.

If you suspect workers compensation fraud or abuse report it.

## 844-761-8400

All information will be kept confidential.







## INJURY REPORT FORMS

These are documents to be completed after a workplace injury. Contact Omaha National at 844-761-8400 to report the claim.

#### DWC Form 14-0001 – First Report of Injury or Illness:

Send the completed Form 14-0001 to Omaha National at the same time you report the claim to us. Once the claim is reported, we will submit an electronic report to the Division on your behalf. Iowa law requires all reportable injuries to be filed electronically with the Iowa Division of Workers' Compensation. In most cases, a report must be made to the Division within four days after knowledge that the injury is reportable. Please note, you should promptly report **all injuries** to Omaha National, even those that only require first aid; sometimes an injury that seems minor at first can worsen and knowing about these Injuries allows us to manage them effectively.

#### Incident, Supervisor, and Witness Reports:

When a workplace injury occurs, these forms may be used to gather information about an incident or injury. Copies should be sent to Omaha National at the same time you report the injury to us.

Iowa Division of Workers' Compensation	- First report of injury or illness ( <b>Fr</b>	:0I)
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Jurisdiction Code\_

Jurisdiction Claim Number\_

	Claim Administrator Name:		Claim Representative Business Ins Phone Number:		Insurer Name (if different than claim administrator):						
NIMO	Mailing Address, City, State, & Postal Code:			Claim Administrator Claim Number:		Insurer FEIN:					
aim a							N:				
СГЛ				Claim Administrator FEIN:		Claim Type Code:					
	Employer Name:			Employer FEIN:			Insured Report	Number:	Emp	loyer Type Code:	
										_ Employer (E)	
EMPLOYER	Physical Address, City, State, & Postal Code:			Mailing Address,	City, State, & P	ostal Code:	Industry Code:		-	Lessor (L)	
EMPL							Insured Location	sured Location Number: Employer U		oyer UI Number:	
	Nature of Business:			Employer Contact	t Name and Bu	siness Phone I	Number:				
	Insured Name (parent company if different than employer):	Insured FEIN:	Insured Postal Code:	Policy/Contract N	umber:	Coverage E	ffective Date:		Self	Insurance License/	
POLICY				-		Coverage Expiration Date:		Certi	ficate Number:		
A			Data of Distr					T FW 0			
	Employee Name (First, Middle, Last, & Suffix):		Date of Birth:	<u>Gender:</u> T Male (M)N	ransgender (T) on-Binary (X)	Circle	(4)	Tax Filing S	Status (check one):	lling to let (C)	
	Mailing Address, City, State, & Postal Code:		Date of Hire:	Female (F)U		Single Single	(A) /Head of Househo	old (B)	Married/F	iling Joint (C) iling Separate(D)	
				State of Hire:	Educational I	_evel (grade con	npleted): [0	GED = 12]	Marita	I Status: (check one	e)
	Email:		Employment Status	(about and)	En	nployee ID Nur	nber (check one):			nmarried/Single/Div	
EMPLOYEE	Phone Number (include area code):		Piece Worker	(check one).	IC	) #			M	arried (M)	
EMPI	Occupation Description:		Volunteer     Seasonal		Socia	I Security Num	ber			Separated (S)	
			Apprenticeship/Full-Tin		Emplo	oyment VISA N	lumber	-		ee's Authorization	to
	NCCI Classification Code:		Apprenticeship/Part-Tir		Passp	oort Number			Release the Following:		
	Department Where Regularly Worked:		Part-Time Other		Green Card			Medical Recordsyes no		es no	
					Employee ID Assigned by Jurisdiction		Social Security Numberyes no		s no		
	Average Wage \$ (check one)		Salary Continued In Lieu of (	Compensation:	yes					ents:	
WAGE	hourlydailysemi-monthly bi-weeklyannualweekly	monthly	Full Wages Paid for E	Date of Injury:	yes			one)		ions:	(check
	Number of Days Regularly Worked Per Week:		Discontinued Fringe Benefits: \$					Entitled Withholding			
	Date of Injury		Type of Injury / Illness Code:								
	Date Employer Had Knowledge of the Date Claim Administrator Had Knowle		Describe the nature of the injury. (ex. amputation, burn, cut, fracture):								
	Initial Date Last Day Worked		Det of Det a Minuted Code								
	Employee Date of Death (if applicable		Part of Body Affected Code:								
	Time of Injury	P	Part(s) of body directly affected by the injury or illness. (ex. hand, arm, circulatory system):								
	Time Employee Began Work										
	Pre-Existing Disability Code:	ſ	Describe the events that caused th	e iniury (ex fell on	erating machin	ory chomical	avnosuro).				
URΥ	Yes No		Describe the events that caused the injury. (ex. fell, operating machinery, chemical exposure):								
ACCIDENT/INJURY	Accident Premises Code:	00									
CCIDE	Employer (E) Other		Name the object or substance that	directly injured the e	employee. (ex.	knife, floor, ac	id, oil):				
A	Accident Site Organization Name:										
	Accident Site Street, City, State, & Postal Code:										
		S	Specify activity the employee was	engaged in when the	e event occurre	d. (ex. cutting	metal plate for flo	oring) Indica	ate if activity was	part of normal dutie	es:
	Accident Location Narrative (if no street address):										
	Accident Site County/Parish:	Accident Site County/Parish: Witness Name & Business Phone I			hone Number:						
	Initial Treatment Code (check one):	li	nitial Medical Provider Name:					Manageo	d Care Organizat	ion Name or ID Nur	mber:
AL	no medical treatment (0)										
	minor/on-site treatment (1)			Initial Medical Provider Physical Address, City, State, & Postal Code: ICD Primary Diagnostic Code (if known):							
MEDIC	clinic/hospital visit (2)	h	nitial Medical Provider Physical Ac	ldress, City, State, &	Postal Code:			ICD Prim	nary Diagnostic (	ode (if known):	
MEDICAL	clinic/hospital visit (2) emergency care (3) hospitalization > 24 hours (4)	I	nitial Medical Provider Physical Ac	ddress, City, State, &	Postal Code:			ICD Prim	nary Diagnostic C	ode (if known):	
MEDIC	clinic/hospital visit (2) emergency care (3)		nitial Medical Provider Physical Ac	ldress, City, State, &	Postal Code:		Phor	ICD Prim	nary Diagnostic C	ode (if known): Date:	

### IOWA DIVISION OF WORKERS' COMPENSATION

www.lowaWorkComp.gov

#### FIRST REPORT OF INJURY OR ILLNESS REQUIREMENT

An employer or the employer's representative must file with the Iowa Division of Workers' Compensation (DWC) a First Report of Injury or Illness (FROI) in case of occupational:

- Fatality,
- Permanent disability, or
- Temporary disability lasting more than three days.

An employer or the employer's representative must file a FROI within four days of the event.

An employer or the employer's representative must file a FROI if the employee claims the disability is caused by work even if the employer or employer's representative disagrees.

For more information on these and other requirements, go to: www.iowaworkcomp.gov

#### **RECORDS AND REPORTS**

Every employer must keep a record of all injuries sustained by employees in the course of their employment resulting in incapacity for longer than one day.

All books, records, and payrolls of an employer must be open for inspection by the Iowa Workers' Compensation Commissioner for purposes of administering the Iowa Workers' Compensation Act.

An employer must furnish to an employee upon request one statement of earnings, wages, or salary for the year preceding the injury. An employer may be subject to a civil penalty of \$1,000.00 per offense for failure to furnish such wage statement.

#### CIVIL PENALTY

The Commissioner may require an employer to appear and show why the employer should not be subject to a civil penalty of \$1,000.00 per occurrence for failure to comply with the reporting or inspection requirements. Upon hearing, if the facts indicate, the Commissioner may enter an order requiring payment of such penalty. Unless voluntarily paid, the Commissioner may petition the district court for entry of judgment on the order. The employer's insurance carrier shall be responsible in the same manner and to the same extent as the employer when a report of injury has been submitted to the employer's insurance carrier and not filed by it with the agency.

#### Additional Iowa OSHA Reporting Requirements

Additional reporting and recordkeeping requirements may apply to the incident described in the FROI.

An employer must:

- Report a workplace fatality to Iowa OSHA within eight hours by calling 877-242-6742 or visiting www.iowaosha.gov for a form and instructions.
- Report a hospitalization, loss of an eye, or amputation within twenty-four hours by calling 877-242-6742 or visiting www.iowaosha.gov for a form and instructions.
- Complete an OSHA Form 301, or equivalent for recordable, work-related incidents within seven days and retain the completed form on site. The FROI is equivalent to the OSHA Form 301 if the case number from the OSHA 300 log is added. For more information, go to: www.osha.gov/recordkeeping
- Make an entry in your Log of Work-Related Injuries and Illnesses, OSHA Form 300, for recordable cases within seven days and retain the completed form on site. Some industries are exempt from this requirement. For more information, go to: www.osha.gov/recordkeeping

For more information on these and other OSHA requirements, go to: www.iowaosha.gov



## Incident Investigation Report

Tell us about the inc	cident or injury right away by calling Omaha Natio	onal at 844-761-8400 even	if some spaces on this form are blank.
Today's Date Type of Incident	Death Lost Time Medical Only     First Aid Property Damage     Report Only / Near Miss		AM  PM
Injured Worke	er		
Job Title Supervisor Work Schedule Start Shift End Shift	Mon ☐ Tue ☐ Wed ☐ Thurs Fri ☐ Sat ☐ Sun AM ☐ PM AM ☐ PM	Sex Date of Birth Date of Hire Employee Type Home Address City, State, & Zip Phone Number Wages / Salary	<ul> <li>Male ☐ Female</li> <li>☐ Full Time ☐ Part Time</li> <li>☐ Seasonal ☐ Temporary</li> </ul>
_			
	curred	erforming Work Duties 🔲 C	Working Overtime Other (Explain):
Type of injury and bo	ody parts affected:		
Witness(es) Name _ Name _	/es 🗌 No	Phone Number	
Name _			

## Medical Treatment and Work Status

First Aid Provided	□ No □ Yes Describe	
Missed Time	No Yes List Day(s)	
Returned to Work	No Yes Date	
Emergency Care	🗌 No 📋 Yes	
Work Status	Off Work Light Duty Re	gular Duty
Physician Name		Hospital Name
Address		Address
City, State, & Zip		City, State, & Zip
Phone Number		Phone Number

### **Contributing Factors**

Unsafe Workplace Conditions: (Check All That Apply)	Unsafe Acts by People: (Check All That Apply)
Inadequate Guard	Operating Without Permission
Unguarded Hazard	Operating at Unsafe Speed
Safety Device Is Defective	Servicing Equipment That Has Power to It
Tool or Equipment Defective	Making A Safety Device Inoperative
Workstation Layout Is Hazardous	Using Defective Equipment
Unsafe Lighting	Using Equipment in An Unapproved Way
Unsafe Ventilation	Unsafe / Improper Lifting
Lack of Needed Personal Protective Equipment	Taking an Unsafe Position or Posture
Lack of Appropriate Equipment / Tools	Distraction, Teasing, Horseplay
Unsafe Clothing	Failure to Wear Personal Protective Equipment
No Training or Insufficient Training	Failure to Use the Available Equipment / Tools
Other:	Other:

Describe why the unsafe conditions exist:
Describe why the unsafe acts occurred:

Preventive Measures		
Improve Enforcement	Improve Clean-Up Procedures	🔲 Repair / Replace Equipment
Improve Storage / Arrangement	Rotation of Employee	Eliminate Congestion
Identify / Improve Personal Protective Equipment	Install / Revise Guards / Devices	Task Analysis to Be Completed
Task Analysis / Procedure Revision	Improve Design/Construction	Job Reassignment of Employees
Use Other Materials / Supplies	Improve Illumination	Mandatory Pre-Job Instructions
Improve Ventilation	Reinstruction of Employees	Corrective Counseling
Improve/Change Work Method	Other:	
Fax the completed form to us	at 844-761-8402 or email it to claims@or	mahanational.com.
Completed By	Date of Completion	
Signature	Title	



## Supervisor's Report of Employee Incident

Manager: Tell us about the injury or incident right away by calling Omaha National at 844-761-8400 even if some spaces on this form are blank.

Injured Employee	
Name	Employee ID
Job Title	Company Name
Witnesses 🗌 Yes 📄 No	
Name	Phone Number
Name	Phone Number
Name	Phone Number
Incident	
Date of Incident	Time of Incident 🗌 AM 🗌 PM
Date Reported	Time Reported AM DPM
Was employee engaged in job duties at the time of incident?	Yes No
Description of incident:	
Machines, materials, tools, or equipment used, handled, or involved:	
Type of injury and body parts affected:	
Medical Treatment and Work Status	
First Aid Provided 🗌 No 🗌 Yes Describe	
Missed Time 🗌 No 🗌 Yes List Day(s)	
Returned to Work  No Yes Date	
Work Status 🗌 Off Work 🗌 Light Duty 🗌 Regul	lar Duty
Emergency Care 🗌 No 🗌 Yes	
Physician Name	Hospital Name
Suggested Preventative and Corrective Measures	
What actions can be taken to prevent future accidents?	
Completed By	Date of Completion
Signature	Title

Fax the completed form to us at 844-761-8402 or email it to claims@omahanational.com.



## Witness Statement of Injury or Incident

Manager: Tell us about the injury or incident right away by calling Omaha National at 844-761-8400 even if some spaces on this form are blank.

Witness Information		
Name	Employee ID	
Phone Number	Company Name	
Address	City, State, & Zip	
Other Witnesses 🗌 Yes 🗌 No		
Name	Phone Number	
Name	Phone Number	
Name	Phone Number	
Incident		
Date of Incident	Time of Incident	AM 🔲 PM
Name of Injured Worker	Time Reported [	] AM 🔲 PM
Location of Incident		
Did You Observe the Incident Involving the Employee?		
If no, how did you learn of the incident?		
If yes, what did you see? (Use additional paper or write on	the back if you need more space)	
Type of injury and body parts affected:		
What can be done to prevent an incident like this from hap	opening again?	
Completed By	Date	
Signature	Title	

Fax the completed form to us at 844-761-8402 or email it to claims@omahanational.com.





## INJURED WORKER HANDOUTS

As soon as you know one of your employees may have been injured at work, please provide the following documents to the injured worker.

#### Injured Worker's First Fill Prescription Form:

This document contains a first fill card that an injured worker can use for a one-time fill of prescription medicines for their work injury. It is important that you give the worker this card right away when they report an injury. The temporary card is only valid if used within 5 days of the reported date of injury. Once the injury is reported to us, our claims staff will provide further instructions to the worker on how to get subsequent prescription fills and refills.

#### DWC Form 14-0043 – Authorization to Release Information Regarding Claimants Seeking Workers' Compensation Benefits:

The Iowa Division of Workers' Compensation developed this release form to be used to obtain the documents and records needed to process a claim. Please have the injured worker sign this document and send a copy of the signed form to Omaha National when the injury is reported.

#### DWC Form 14-0196 – Authorization for the Iowa Division of Workers' Compensation to Release Information:

This form is used to obtain copies of the claimant's records for any past claims from the Division. Have the injured worker complete and sign this form. Then, send a copy to Omaha National when the injury is reported.

#### Consent and Authorization for Release of Information and Request for Medical History Forms:

These forms help us to obtain the information and records needed to handle a claim and to make sure that the injured worker receives the best possible medical care. Have the injured worker sign the forms and send them to Omaha National.



### Injured Workers First Fill Prescription Form

Injured Worker	Date of Injury	
Claim Number	 Phone Number	

#### Notice to Injured Worker and Pharmacy

This temporary First Fill card is only valid if used within 5 days of the reported date of injury. Temporary eligibility through this program allows for a one-time fill of prescription medications. For assistance processing claims please contact EHIM at (800) 311-3446.

#### **Injured Worker Instructions**

On your first pharmacy visit, please give this notice to any participating pharmacy. This will expedite the processing of your approved workers compensation prescriptions, based on the parameters established by **Omaha National**. With EHIM you do not need to complete any paperwork or claim forms. Simply present this EHIM First Fill Prescription Form to the pharmacy. You should not incur any costs or co-pays at the pharmacy and you will be allowed up to a 10 day supply of medications.

#### **Pharmacy Instructions**

For assistance processing claims please contact EHIM at (800) 311-3446. Please use the BIN, and Rx Group number below to process an online/electronic claim to EHIM:

Omaho	Pharmacy Help Desk: 800-311-3446	
BIN: Group ID:	005285 60011150FF	
<b>ID #:</b> Number	<b>ONFFS</b> + employee 10-digit phone	
Member:	MEMBER NAME	

To generate member ID: Using ONFFS as a prefix and then using the Injured Workers 10-digit phone number will be used as their member identification number when processing their First Fill Prescription.

Below is a sample listing of some of the over 72,000 Participating Pharmacies in the EHIM network. Please call (800) **311-3446** for a participating pharmacy near you.

Costco Pharmacy CVS Kroger Pharmacy Giant Eagle Pharmacy H.E.B. Pharmacies Hy-Vee Pharmacy Safeway Pharmacy Wegman Pharmacy Meijer Pharmacy Publix Pharmacy Walmart Pharmacy Longs Drug Store Smith's Food & Drug Centers Target Pharmacy Walgreens Pharmacy Ingles Pharmacy

### IOWA DIVISION of WORKERS' COMPENSATION



Authorization for Release of Information Regarding Claimant Seeking Workers' Compensation Benefits

Iowa Code section 85.27(2) and Iowa Administrative Code rule 876-8.9 require the release of information relating to an employee's physical or mental condition relative to a workers' compensation claim. Iowa Administrative Code rule 876-4.6 requires the claimant to serve a patient's waiver on the defendant(s) concurrently with an original notice and petition, and to update the waiver as necessary. This form may be used in claims under the jurisdiction of the Iowa Workers' Compensation Commissioner to satisfy the requirements for a claimant seeking workers' compensation benefits to release information.

To complete this form, a workers' compensation claimant or the claimant's representative must:

- Under Section I, sign and date on the labeled blanks to authorize the Iowa Division of Workers' Compensation (DWC) to release confidential information in its custody under Iowa Code section 10A.333.
- Under Section II, sign and date on the labeled blanks to authorize entities other than DWC to release information.
- Under Section III, write "Yes" or "No" next to each of three types of confidential information (substance abuse, mental health, and HIV or AIDS) and then sign and date on the labeled blanks to authorize or refuse to authorize release of such information.

For convenience, Section I of this form incorporates the *Authorization to Release Information to Third Party* form, which is used to authorize DWC to release confidential information to a third party.

Photocopy of this signed authorization shall be as effective as the original.

#### I. Authorization to Release Information Under the Iowa Workers' Compensation Act.

I understand that I have the right under Iowa Code section 10A.333 to keep confidential certain information filed with DWC.

- A. Information from all First Reports of Injury or Illness (FROI);
- B. Information from all Subsequent Reports of Injury or Illness (SROI);
- C. All evidence received in contested case hearings before the agency; and
- D. All transcripts from contested case hearings.

I understand that I may revoke this authorization, except to the extent that action has already been taken in reliance upon it, by giving written notice to DWC. I also understand that if I revoke, the revocation will take effect on the day it is received in writing by DWC.

Signature of Claimant or Claimant's Legal Representative

Date

Street Address

City, State, and ZIP Code

Х

#### II. Authorization for Release of Information and for Redisclosure.

Patient Name:	D	ate of Birth:
I authorize		

to disclose and deliver to

any and all information **except** that relating to substance abuse (drug or alcohol), mental health, or HIV and AIDS, unless specifically authorized to be released in Section IV of this authorization.

I understand:

- A. The information is being disclosed and may be used only for legal and/or litigation purposes relating to claims or suit against
- B. This authorization may be used to obtain information from health care providers, schools, former and current employers, providers of vocational rehabilitation services, the federal Social Security Administration, and State of Iowa administrative agencies.
- C. I have a right to inspect the disclosed information at any time.
- D. This authorization is effective until the conclusion of a contested case on the claim.
- E. I may revoke this authorization, except to the extent that action has already been taken in reliance upon it, by giving written notice to the health care provider or recordkeeper. I also understand that if I revoke, the revocation will take effect on the day it is received in writing by the entity from whom disclosure is sought.
- F. My revocation or refusal to sign this authorization will not affect my ability to obtain health care services.
- G. If the person or entity that receives the information requested is not covered by federal privacy regulations or is not an individual or entity who has signed an agreement with such a person or entity, the information described above may be redisclosed and will no longer be protected by the regulations.
- H. State of Iowa and federal law provide that I have a right to prohibit redisclosure of confidential medical information and further disclosure may not be had without my express written authorization, except as indicated below.
- I. The recipient of this authorization, **without further authorization**, may redisclose this information to the following individuals or entities, but only after they have been advised of their obligations under the law and this authorization, including the redisclosure of information:
  - 1. Parties and their legal counsel, insurers, experts, and potential experts;
  - 2. Agents, employees, or representatives of the parties, but only after they are involved in conducting the prosecution or defense of the case; and
  - 3. Administrative agency and court officials hearing the claim, and their support staff.

I specifically authorize and consent to any disclosure or redisclosure described above.

Signature of Claimant or Claimant's Legal Representative

Date

Street Address

City, State, and ZIP Code

## III. Specific Authorization for Release of Information Protected by State or Federal Law Concerning Information Relating to Substance Abuse, Mental Health, or HIV or AIDS.

State of Iowa and federal law provide protection from disclosure of information relating to substance abuse (drug or alcohol), mental health, HIV and AIDS.

Federal law specifically requires that any disclosure or redisclosure of information relating to substance abuse (alcohol or drug), mental health, or HIV or AIDS must be accompanied by the following written statement:

This record which has been disclosed to you is protected by federal confidentiality rules (42 CFR part 2). The federal rules prohibit you from making any further disclosure of this record unless further disclosure is expressly permitted by the written consent of the individual whose information is being disclosed in this record or, is otherwise permitted by 42 CFR part 2. A general authorization for the release of medical or other information is NOT sufficient for this purpose. The federal rules restrict any use of the information to investigate or prosecute with regard to a crime any patient with a substance use disorder.

See also Iowa Code chapters 228 and 141A, and other applicable laws.

In addition to the items identified in Section II (A) through (H), I understand:

- A. The information to be released may include material that is protected by State of Iowa and federal law applicable to information relating to substance abuse, mental health, or HIV or AIDS.
- B. I have a right to inspect the mental health information disclosed pursuant to this authorization at any time.
- C. A copy of this authorization with respect to each request for mental health information made using it shall be provided to me or my legal representative and included in my record of mental health information.

I specifically authorize the release of:

Substance abuse (drug or alcohol) information from all health care providers and facilities and any other person or entity in possession of records concerning me.

Mental health information from all health care providers and facilities and any other person or entity in possession of records concerning me.

HIV- or AIDS-related information, diagnosis, and test results from all health care providers and facilities and any other person or entity in possession of records concerning me.

Further, I specifically authorize disclosure and re-disclosure of this confidential information to all of the persons referred to in Section II(I) of this authorization.

Signature of Claimant or Claimant's Legal Representative

Date

Street Address

City, State, and ZIP Code

If Signed by Claimant's Legal Representative, Full Name of Representative and Relationship to Claimant

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Authorization to Release Confidential Information to Third Party

Form 14-0169

The Iowa Division of Workers' Compensation (DWC) must keep certain information confidential under Iowa Code section 10A.333.

Completion of this form authorizes DWC to release confidential information to a third party.

#### 1. Employee Information.

I, the undersigned, provide the following information to allow DWC to identify me and verify that I signed this Authorization:

Full Name:	
Social Security Number:	
Date of Birth:	
Telephone Number:	
Address:	

#### 2. Records to Be Released.

I authorize DWC to release the following confidential information filed within the past \_\_\_\_\_ years:

All confidential records of any nature

Information from all First Reports of Injury (FROI)

Information from all Subsequent Reports of Injury (SROI)

All evidence received in contested case hearings

All transcripts from contested case hearings

Other (describe the records that you want released):

#### 3. Recipient(s) of Records.

I authorize DWC to release the confidential information identified above to the following person:

Name(s):

#### 4. Signature.

I understand that I have the right under Iowa Code section 10A.333 to keep confidential certain information filed with DWC.

By signing this form, I authorize DWC to release the confidential information identified in Section 2 to the recipient(s) identified in Section 3.

#### Х

Signature

Date



### Consent and Authorization for Release of Information

Injured Worker	Provider Name	
Employer	Address	
Date of Birth	City and State	
Date of Injury	Phone Number	

The above entity, facility, or medical practitioner is authorized to release my information as provided below:

## I authorize Omaha National, their staff, representatives, or bearer, to review, inspect, copy, and/or photograph all records or files, including but not limited to the following:

 Medical Records: All medical charts, files, records, and reports, including office and hospital records, laboratory results, diagnostic reports and films, psychiatric records, medical correspondences, doctor's and nurse's notes, and medical histories relevant to my workers compensation claim. I also give my permission for Omaha National to contact the attending physicians involved in the treatment of all related conditions.

Please note, 45 CFR 164.512(I) states, "A covered entity may disclose protected health information as authorized by and to the extent necessary to comply with laws relating to workers' compensation or other similar programs, established by law, that provide benefits for work-related injuries or illness without regard to fault."

• **Employment Records:** All employment and human resource information, including hiring and employment records, payroll and income statements, documentation related to this or any other relevant injury, and any other information pertinent to providing benefits and services necessary for the completion of this claim.

This consent and authorization is effective immediately. A photocopy of the authorization may be accepted in place of the original. This authorization is subject to revocation by the undersigned at any time, except to the extent that action has already been taken in reliance on this consent, and it terminates on conclusion of the workers compensation claim without express revocation. A request for revocation may be submitted in writing to Omaha National Underwriters at P.O. Box 451139, Omaha, NE 68145.

This information is required for the following:

- For the investigation, review, analysis, and discovery of a workers compensation claim and to determine the causation, nature, and extent of any possible pre-existing, concurrent, or aggravating medical conditions with potential medical, legal, or factual implications for the work-related injury or injuries.
- To provide important medical information to the treating physician, consultant, or evaluator so the injured worker may receive the best possible medical care and advice.
- To facilitate recovery from any third party responsible for the injury.
- To ensure that the injured work is accurately compensated for any amount of lost wages, time, or resources while undergoing evaluation, treatment, and recovery for the injury.
- To develop an appropriate plan of action for resolving the claim.

I have read this authorization and fully understand its entire contents. I understand that the information used or disclosed may be subject to re-disclosure by the person or class of persons or facility receiving it, and would then no longer be protected by federal privacy regulations. I have asked questions about anything that was not clear to me and I am satisfied with the answers I have received. I understand that I have a right to receive a copy of this authorization upon my request.

Signature	 _	
Printed Name	Date	

Fax the completed form to us at 844-761-8402 or email it to claims@omahanational.com.



## Request for Medical History

Injured Worker

Date of Injury \_\_\_\_\_

Employer \_\_\_\_\_

Current Date

Provide your medical history to ensure that you receive the proper medical care for your work injury.

Family Doctor / Primary Health Care Provider and Other Treating Doctors					
Name	Address	Phone	Condition Being Treated		

Medications / Prescriptions					
Name	Description/Purpose	Dosage	Prescribing Doctor		

Hospitalizations and Surgical Procedures							
Date(s)	Date(s)         Diagnosis/Treatment/Procedure         Doctor         Hospital						

Please check to indicate if you have ever had any of the following conditions:

Arthritis	Stroke	Back problems
Diabetes	Stomach or peptic ulcer	Knee, hip, or foot problems
High blood pressure	Kidney stones	Shoulder, elbow, or wrist problems
High cholesterol	Kidney disease	Carpal tunnel
Thyroid disorder	Epilepsy (seizures)	Blood clotting disorders
Cancer – type:	Heart problems	Psychological condition

Fax the completed form to us at 844-761-8402 or email it to claims@omahanational.com.

Signature

Date



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## **INFORMATIONAL** DOCUMENTS

Keep these documents for your future reference.



Omaha National Contact Information: This document contains the contact information for our Claims department.

Reduce Your Workers Compensation Costs: Tips for lowering your company's workers compensation costs.



## **Contact Information**

#### Claims:

Phone	844-761-8400
Fax	844-761-8402
Online	omahanational.com
Email	claims@omahanational.com
Mail	P.O. Box 451139, Omaha, NE 68145



## Reduce Your Workers Compensation Costs

### Injury Prevention and Safety Training

According to the Occupational Safety and Health Administration (OSHA), businesses spend \$170 billion a year on occupational injuries and illnesses. Companies that establish safety programs to prevent injuries can reduce those costs by 20 to 40 percent. Safe workplaces also improve employee morale and can lead to increased productivity and improved service. Omaha National has resources to help you develop a program focused on the hazards specific to your business.

#### **Report Injuries Immediately**

The single most important thing you can do to reduce your claim costs is to report injuries to us immediately. The best way to do that is to call us anytime an injury occurs, 24 hours a day, seven days a week. The sooner we learn of an injury the better we can investigate the claim and arrange for appropriate medical care. It also helps prevent financial penalties from state regulatory agencies.



Ways to report an injury:

- Phone: 844-761-8400
- Fax: 844-761-8402
- Online: <u>omahanational.com</u>
- Email: claims@omahanational.com
- Mail: P.O. Box 451139, Omaha, NE 68145

#### High-Quality Medical Care

Ensuring that injured workers receive quality medical treatment is important. The right doctor can have a big impact on the successful recovery of an injured employee and on the cost of a claim. In certain states, Omaha National has established custom medical networks and panels including the right specialists to treat each injury in a safe, costeffective manner, with a focus on early return-to-work.

### Establish a Return-To-Work Program

Another way to reduce claim costs is to implement a return-to-work program that helps your injured worker get back to work quickly and safely while recovering from the injury. The program does not need to be complicated: the most important thing is to work with our claims adjuster to coordinate a successful return to work. The program can also include accommodations such as altered schedules, transitional work duties, or reassignment to an alternate position. Omaha National can provide helpful suggestions and advice to administer a return-to-work program.



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## **GENERAL FORMS**

Use these forms as needed and send to Omaha National. Forms may be faxed to 844-761-8402.

#### Request for Subrogation Waiver:

Use this form to request to have a subrogation waiver added to your policy.

#### Form ERM-14 - Confidential Request for Ownership Information:

Changes in ownership may impact your policy and the factors used to determine your premium. These changes must be reported to us right away.

#### Company Contacts Verification:

This form is used to provide your company contacts for questions and issues pertaining to your payroll and/or workers compensation policy.



### Request for Subrogation Waiver

Please complete the information below to request the addition of a subrogation waiver to your policy. A subrogation waiver may only be obtained if your company performs work under a written contract that requires such a waiver. You must maintain payroll records accurately segregating the payroll of your employees engaged in the specified job(s).

#### Please contact your Account Manager at 844-761-8400 if you have any questions.

		General Informa	tion		
Policyholder Name					
FEIN					
Policy Number					
Waiver Type Requested	Blanket Waiver	Specific Waiver	(if applicable, please	complete fields below)	
		Job Information for Spec	ific Waiver		
Job Effective Date(s)	From	То			
Job Name or Number			_		
Person or Organization					
Brief Description of Job					
Complete Address					
Employee Class Code		Employee Class Code		Employee Class Code	
Payroll Amount		Payroll Amount		Payroll Amount	
		Job Information for Spec	ific Waiver		
Job Effective Date(s)	From	То			
Job Name or Number					
Person or Organization					
Brief Description of Job					
Complete Address		Employee Clease Code		Employee Class Code	
Employee Class Code		Employee Class Code Payroll Amount		Employee Class Code Payroll Amount	
Payroll Amount				Payroli Amount	
		Job Information for Spec	ific Waiver:		
Job Effective Date(s)	From	То	_		
Job Name or Number					
Person or Organization					
Brief Description of Job					
Complete Address Employee Class Code		Employee Class Code		Employee Class Code	
Payroll Amount		Payroll Amount		Payroll Amount	
T dyron / inounc				rayron and	
	_	Job Information for Spec	and waiver		
Job Effective Date(s)	From	То	_		
Job Name or Number Person or Organization					
Brief Description of Job					
Complete Address					
Employee Class Code		Employee Class Code		Employee Class Code	
Payroll Amount		Payroll Amount		Payroll Amount	
		Job Information for Spec	ific Waiver		
Job Effective Date(s)	From	То			
Job Name or Number			_		
Person or Organization					
Brief Description of Job					
Complete Address					
Employee Class Code		Employee Class Code		Employee Class Code	
Payroll Amount		Payroll Amount		Payroll Amount	
		Submitter Informo	ition		
Completed by			Date		
Title			Signature		

Fax the completed form to us at 844-761-8402 or email it to customerrelations@omahanational.com.

#### **REQUEST FOR OWNERSHIP INFORMATION—ERM-14 FORM**

The purpose of this confidential form is to obtain ownership information to assist in calculating premium for your workers compensation insurance policy. Your policy requires that you report ownership changes, and other changes as detailed below, to your insurance carrier in writing within 90 days of the change. If you have questions, contact your agent, insurance company, or the appropriate rating organization. Incomplete information or a missing signature may result in a delay in processing.

The ownership information required on this ERM-14 Form can also be submitted in narrative form on the letterhead of the employer, signed by an owner, partner, member, or executive officer.

#### Section A—Contact Information

Name of person completing this form \_\_\_\_\_ Your Employer \_\_\_\_\_

Phone # Email Address

Relationship to business entity reporting ownership information \_\_\_\_\_

#### Section B—Transaction Information

Ту	pe of Transaction (check all that apply)	Transaction Effective Date
	<b>Name and/or legal entity change</b> The name and/or legal status of the entity has changed. DBA name changes do not need to be reported.	
	Sale, transfer, or conveyance of all or a portion of an entity's ownership interest Complete or partial sale of the business entity's ownership interest.	
	Sale, transfer, or conveyance of an entity's physical assets to another entity that takes over its operations An entity's assets have been sold or transferred. The acquiring entity has taken over the operations, and the selling entity retained its legal business name.	
	Merger or consolidation Two or more entities have merged or combined to form a single entity.	
	Formation of a new entity that acts as, or in effect is, a successor to another entity that:         (Select one) □ Has dissolved □ Is nonoperative □ May continue to operate in a limited capacity	
	<b>Formation of a new entity</b> A new entity has formed that is not a successor to another entity. Report this change only to determine combinability with another entity.	
	An irrevocable trust or receiver, established either voluntarily or by court mandate A change has occurred to the business, either voluntarily or by court mandate, requiring the entity to be put in a trust or receivership.	
	Determination of combinability of separate entities Two or more entities may need to be combined or separated based on their ownership interest.	

#### Section C—Description of Transaction(s)

Include a brief description of the transaction(s) selected above. Attach additional information on the employer's letterhead, if needed.

- If this is a partial sale, transfer, or conveyance of an existing business (e.g., sale of one or more plants or locations), explain what portion or location of the entire operation was sold, transferred, or conveyed.
- If any of the entities that underwent a change in ownership were related through common ownership to any other entity before the transaction described above, list the entities and their current owners' names and percentages of ownership below.

#### Section D—Business Entity Information

Copies of this page may be submitted for transactions with more than three entities.

	Entity Information	Entity 1 Entity before the change or to determine combinability with another entity	Entity 2 Entity after the change or to determine combinability with another entity	Entity 3 Entity after a merger or consolidation or to determine combinability with another entity
1.	Name of Business Provide the legal name of the business entity.			
2.	Primary Address (Street, City, State, Zip)			
3.	Legal Status (See examples in item 4 below)			
	Ownership List names of individual owners, partners, etc. and percentages of ownership (if applicable). Ownership should total 100%. Sole Proprietorship: Owner			
-	• <b>Corporation:</b> Owner(s) and percentages of ownership			
_	General Partnership: Partners and percentages of ownership			
_	• <b>Limited Partnership:</b> General partners and percentages of ownership			
-	• Limited Liability Company: Members and percentages of ownership			
_	• Revocable Trust: Grantor(s)			
	Irrevocable Trust: Trustee(s)			
-	- <b>Other:</b> If no voting stock, list members of board of directors or comparable governing body			
5.	FEIN			
6.	Risk ID Number			
7.	Policy Number			
8.	Policy Effective Date			
9.	Contact Name			
1(	). Contact Phone/Email			

#### Section E—Certification

This is to certify that the information contained on this form is complete and correct.

Signature of Owner, Partner, Member, or Executive Officer Title

**Business Name** 

Date



## **Company Contacts Verification**

Please complete the information below to confirm your company contacts for questions and issues pertaining to your payroll and/or workers compensation policy.

#### Please contact your Account Manager at 844-761-8400 if you have any questions.

General Information		
Policyholder Name		
FEIN		
Policy Number		
Main Address		
Phone Number		
Fax Number		
Company Website		
Company Contacts for Invoice Questions/Issues		
Primary Contact Name	Alternate Contact Name	
Office Phone Number	Office Phone Number	
Cell Phone Number	Cell Phone Number	
Fax Number	Fax Number	
Email Address	Email Address	
	Company Contacts for Payroll Questions/Issues	
Check if same as ab	ove	
Primary Contact Name	Alternate Contact Name	
Office Phone Number	Office Phone Number	
Cell Phone Number	Cell Phone Number	
Fax Number	Fax Number	
Email Address	Email Address	
	Company Contacts for Policy Questions/Issues	
Check if same as ab		
Primary Contact Name	Alternate Contact Name	
Office Phone Number	Office Phone Number	
Cell Phone Number	Cell Phone Number	
Fax Number	Fax Number	
Email Address	Email Address	
Company Contacts for Claims Questions/Issues		
Check if same as ab	nove	
Primary Contact Name	Alternate Contact Name	
Office Phone Number	Office Phone Number	
Cell Phone Number	Cell Phone Number	
Fax Number	Fax Number	
Email Address	Email Address	
Submitter Information		
Completed by	Date	
Title	Signature	
<u> </u>		

Fax the completed form to us at 844-761-8402 or email it to customerrelations@omahanational.com.