



## INJURED WORKER HANDOUTS

As soon as you know one of your employees may have been injured at work, please provide the following documents to the injured worker.

### **Injured Worker's First Fill Prescription Form:**

This document contains a first fill card that an injured worker can use for a one-time fill of prescription medicines for their work injury. **It is important that you give the worker this card right away when they report an injury.** The temporary card is only valid if used within 5 days of the reported date of injury. Once the injury is reported to us, our claims staff will provide further instructions to the worker on how to get subsequent prescription fills and refills.

### **Choosing a Doctor for a Work-Related Injury - Rule 50:**

This document was created by the Nebraska Workers' Compensation Court to provide summarized explanations of the employer and injured worker rights and responsibilities to choose and change doctors.

### **NWCC Form 50 - Employees Choice or Change of Doctor:**

The right physician can have a substantial impact on the successful recovery of an injured employee and on the cost of a workers compensation claim. Nebraska law requires employers to notify injured workers of their rights and responsibilities to qualify for an opportunity to select the primary treating physician. Form 50 is used to provide the required notice to an injured worker. The form must be given to the injured worker as soon as possible after the employer's knowledge of the injury. Make sure to have the injured worker sign and date the employee confirmation of notice portion of the form and have a company representative complete the employer confirmation of notice section.

### **Consent and Authorization for Release of Information and Request for Medical History Forms:**

These forms help us to obtain the information and records needed to handle a claim and to make sure that the injured worker receives the best possible medical care. Have the injured