



Reduce Your Workers Compensation Costs

Injury Prevention and Safety Training

According to the Occupational Safety and Health Administration (OSHA), businesses spend \$170 billion a year on occupational injuries and illnesses. Companies that establish safety programs to prevent injuries can reduce those costs by 20 to 40 percent. Safe workplaces also improve employee morale and can lead to increased productivity and improved service. Omaha National has resources to help you develop a program focused on the hazards specific to your business.

Report Injuries Immediately

The single most important thing you can do to reduce your claim costs is to report injuries to us immediately. The best way to do that is to call us anytime an injury occurs, 24 hours a day, seven days a week. The sooner we learn of an injury the better we can investigate the claim and arrange for appropriate medical care. It also helps prevent financial penalties from state regulatory agencies.

Ways to report an injury:

- **Phone** **844-761-8400**
- **Fax** 402-807-7271
- **Online** omahanational.com
- **Email** claims@omahanational.com
- **Mail** P.O. Box 451139, Omaha, NE 68145

Send Your Employees to Providers in Our Medical Network

Ensuring that injured workers receive quality medical treatment is important. Omaha National has established medical networks including the right specialists to treat each injury in a safe, cost-effective manner, with a focus on early return-to-work. Reporting injuries to us immediately will ensure that we can direct injured workers to treat with approved physicians. Information about Omaha National's medical networks is available at omahanational.com.

Establish a Return-To-Work Program

Another way to reduce claim costs is to implement a return-to-work program that helps your injured worker get back to work quickly and safely while recovering from the injury. The program does not need to be complicated: the most important thing is to work with our claims adjuster to coordinate a successful return to work. The program can also include accommodations such as altered schedules, transitional work duties, or reassignment to an alternate position. Omaha National can provide helpful suggestions and advice to administer a return-to-work program.